

# I have been exposed to blood and body fluid. What do I do **FIRST**?



**F**irst aid immediately



**I**nform your supervisor or workplace about your BBFE exposure



**R**eview your workplace procedure if available &  
Remember your Worker's Compensation Number if one is available



**S**peak to a designated healthcare professional with expertise in BBFE,  
or call HealthLink (811)



**T**ime is of the essence to test & treat

visit [www.bbfeab.ca](http://www.bbfeab.ca)  
for information on what to do